

# School Counseling Newsletter

Mercy McAuley High School

## Save the Date

**February 7:** No School For Students. Employee Retreat

**February 7-11:** National School Counseling Week

**February 11:** Registration Deadline for March 13th SAT

**February 12:** ACT test date. Register by January 21

**February 14: Super Bowl Day Off. Go Bengals!! Happy Valentine's Day!!**

**February 21:** No School. President's Day



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## SCHEDULING FOR 22-23 SCHOOL YEAR

Counselors started meeting individually with students to talk about their course requests for next year! Please talk with your student about her course options next year before these meetings. All important scheduling information can be found on your student's Blackboard page under School Counseling Links including the 4-year planning guide, course description booklet, and Course Planning Forms.

## ACE TEST PREP

Class of 2023 students & parents,  
ACE Test Prep will hold a classroom prep session at St. Xavier HS starting in late January to prepare for the state test all juniors will take at school as well as the February national ACT. These classes (Session 4) are scheduled for Monday and Wednesday nights from 6:30 PM to 9:00 PM each week. All

of the information needed to register for these prep classes is at <https://www.actestprepcincy.com/events/2021-22-session-4-st-xavier>.

While you do NOT need to register for this March ACT test (MMHS *state* ACT test date is March 1st), registering for the other *national* ACT tests (February 12th, April 2nd, etc.) can be done at <http://www.act.org/>

Students taking the Session 4 prep at St. Xavier could benefit from testing on February 12th and again shortly after on March 1st. This is the only time of year to get two testing opportunities in such a short date range.

Thanks and please contact us at [actestprepcincy@gmail.com](mailto:actestprepcincy@gmail.com) with any questions you may have,  
ACE Test Prep Staff



## National School Counseling Week!

February 7-11, 2022 is National School Counseling Week. The Counseling Department wants to extend a big thank you to all the parents and guardians who work with us to help ensure your student's success. We love our daily opportunity to positively impact the young ladies of Mercy McAuley!



## WHAT HAPPENED IN TUESDAY TEA?

Counselors met with Freshman to discuss the importance of gratitude. Students viewed a presentation about what it means and had an opportunity to discover it within their own lives. There was a culminating yummy M&M activity which we were all grateful for!

## COLLEGE AND CAREER



## Registration is open for the OACAC sponsored spring fairs!

Spring is around the corner and that signals great college fairs are back! OACAC has developed strong, collaborative partnerships with established and successful existing fairs in the state. The following OACAC sponsored fairs are scheduled for 2022 March - April:

Toledo Area West College Night, March 8th, 6:30 p.m. - 8:00 p.m.  
Cincinnati Spring Fair, March 28th, 6:00 p.m. - 8:00 p.m.  
Northeast Ohio Spring Fair, April 5. 9:00 a.m. - 11:00 a.m.  
NW33 Corridor Fair, April 5, 6:30 p.m. - 8:00 p.m.

[CLICK HERE TO VISIT THE SPONCORED FAIRS PAGE AND REGISTER](#)



## Wright State University Path to Health Professions Day

Monday, February 21, 2022

9 a.m. to 12:30 p.m.

Student Union Apollo Room

Is helping others in your future? Visit Wright State University and plan to attend the Path to Health Professions event to discover how you can get on the right path to becoming a doctor or other health professional!

This event is for:

- High school students interested in becoming a health professional
- Community college students interested in becoming health care providers and learning more about Wright State University
- Parents, friends, and families of interested students
- Current pre-health students who want to learn more about their opportunities at Wright State
- Teachers and counselors who wish to learn more about Wright State's pre-med and pre-health programs

[REGISTER HERE](#)



## EXPLORE ENGINEERING AT UD

Explore Engineering the Hands-On Way!

Saturday, Feb. 26, 2022

The School of Engineering would like to invite high school sophomores, juniors, and seniors and their families to our Explore Engineering program. Visit our campus and discover engineering design and innovation through hands-on activities led by faculty and graduate students from our engineering departments. University of Dayton representatives from Cooperative Education, Multi-Ethnic Engineers Program and Women Engineering Programs as well as University students, faculty, and staff will be available to answer your questions.

Students in our Women Engineering and Multi-Ethnic Engineers programs invite you on campus for [Extra Exploring](#) before Explore Engineering. This special event will be held from 9 a.m.-12 noon EST. Join us and discover campus activities and interact with current students, faculty, and staff.

For more information, contact Shawnee Breitenstein at [udengineering@udayton.edu](mailto:udengineering@udayton.edu) or call (937) 229-3296.

[REGISTER HERE](#)



## DID YOU MISS CCP NIGHT AT MMHS?

[Click Here to View Information shared.](#)

## SCHOLARSHIPS



## Hispanic Scholarship Fund

### Who is eligible to be an HSF Scholar?

- Graduating high school seniors
- Undergraduate students (all years)
- Community college students transferring to four-year universities
- Graduate students (law school, medical school, MBA, and all other full-time masters or PhD programs)

### ELIGIBILITY REQUIREMENTS

- Must be of Hispanic heritage
- U.S. citizen, permanent legal resident, or DACA
- Minimum of 3.0 GPA on a 4.0 scale (or equivalent) for high school students; minimum of 2.5 GPA on a 4.0 scale (or equivalent) for college and graduate students
- Plan to enroll full-time in an accredited, public or not-for-profit, four-year university, or graduate school, in the US, for the 2021-2022 academic year
- Submit the FAFSA or state-based financial aid forms (if applicable)

[CLICK HERE FOR MORE INFORMATION](#)



## CINCINNATI FOUNDATION SCHOLARSHIP

CSF application for the 2022-2023 academic year is now available on their website.

[Click Here For More Information](#)





## OHIO TOWNSHIP ASSOCIATION COLLEGE SCHOLARSHIP PROGRAM

The Ohio Township Association Scholarship Program began in 2005. Many years prior to this, former board member Paul Smith and his wife, Ethel, gave the initial donation to the OTA Scholarship Fund, providing the groundwork for future scholarships. The scholarships are also funded by donations from County Township Associations, personal gifts, and proceeds from the OTA's annual golf outing.

Today, four \$1,500 scholarships are awarded annually. Among other requirements, applicants must be a high school senior planning to attend a two or four-year Ohio college or university.

**Wondering if you reside in a township?** Consult your local County Auditor's website and input your home address in the property search function to obtain tax and property details. **If you're looking for your local township officials,** contact your County Board of Elections.

For more information or if you have questions, please call the OTA office at (614) 863-0045.



## OHIO MEANS JOBS CAREER CLUSTERS

GREAT PREPARATION FOR OUR 'CAREER DAY' COMING UP ON  
MARCH 18, 2022:

Explore various Career Clusters on our **Ohio Means Jobs Website**. It will help your student get a better understanding of their career options. There are also live chats with personnel who will help your student plan and make informed decisions that will drive her success!

Career Cluster

[Details here](#)

## ACADEMIC HELP

Need extra help in a class or interested in learning new study skills? Check out the document below that include multiple resources available at Mercy McAuley, tutoring options, organizational skills, study tips, and online resources.

See your counselors for additional academic help!

## Academic Help



## MENTAL HEALTH CONCERNS

If you feel that you or a friend is in a crisis situation and/or fearful of hurting yourself or others and there isn't a caring adult you can reach right away, please reach out to one of the following:

- Call **281-CARE (2273)**
- Text **4HOPE** to **839863**
- Call the Psychiatric Intake Response Center (PIRC) at Cincinnati Children's Hospital @ **(513) 636-4124**
- You can also call **911** or Hamilton County Sheriff's Office at **513-946-6400**

## Mental Health Resources



Child Mind  
Institute



### Quick Guide to Anx...

[childmind.org](https://childmind.org)

Download our free guide to different kinds of anxiety in children. Anxiety causes an extreme feeling of unease in kids. While some anxiety in stressful situations is normal, it becomes a disorder if it lasts a long time or gets in the way of daily life.

## STUDENT PROGRAMS AND OPPORTUNITIES



### Bank of America Student Leaders

Since 2004, Student Leaders has been part of Bank of America's ongoing commitment to youth employment and economic mobility. Our goal is to help prepare a diverse pipeline of community-minded young students to be successful in the workforce through leadership training and work experience.

Through our Student Leaders® program, we annually connect more than 300 community-minded high school juniors and seniors from nearly 100 communities to employment, skills development and service.

If you or someone you know is a current junior or senior in high school and have a passion for improving the community, please join us for an information session to learn more about the application process and program details. This session is open to prospective applicants, parents, guardians, guidance counselors and advisors.

**SEE ATTACHMENTS AT BOTTOM OF NEWSLETTER**



## THE REYNOLDS YOUNG WRITERS WORKSHOP AT DENISON

The Reynolds Young Writers Workshop at Denison is an energizing 8-day program for motivated high school students (rising juniors and seniors) who love to write. For over 25 years, the Reynolds Workshop has brought together young writers who are passionate about writing and eager to connect to a close-knit community of writing friends. The workshop is held each June on the beautiful campus of Denison University, a leading liberal arts college, in the village of Granville, Ohio.

[Click Here to Learn More](#)

## Ball State Interior Design Summer Workshop

For the past thirteen years Ball State's Interior Design program has offered high school workshops/camp experiences where high school students of all levels learn about interior design in a hands-on way. The workshop explores fundamentals of 2D and 3D concepts, basic drawing and illustration skills, use of color and light effects, and how interior environments affect human behavior. This inclusive program seeks to blend tradition and innovation in creative learning.

At the end of the workshop, students have new friends, new perspectives, and a personal portfolio full of ideas!

This year we will be offering four flexible workshops:

- Two ten day on-campus workshops during the summer
- Two three week on-line workshops during the summer

Registration for summer Youth Interior Design Forum is now open.

About 80 percent of college students in the United States end up changing their major at least once, according to the [National Center for Education Statistics](#). Participation in this workshop will help your student build an art portfolio, help them make their final decision about declaring "interior design" as a major and also help them with a smooth transition to college after this exciting campus experience. Further, we will waive a required elective course for them, if they participate in the workshop and get admitted to Ball State University to study [Interior Design](#).

## Murray State University's Commonwealth Honors Academy

June 4, 2022-June 25, 2022

The Academy brings together 120 rising high school seniors from Kentucky and the surrounding region for three weeks for an exciting, challenging academic enrichment program. Upon the completion of the academy, students will

- Receive 6 hours of honors level university study credit
- Have the opportunity to take an additional six hours of tuition- free university courses at Murray State University during their senior year
- Be awarded a four-year \$2,000 renewable housing scholarship to attend Murray State University



To qualify for the academy, students must have

- A completed Junior year of high school
- A composite ACT of approximately 25 (or equivalent on the SAT) and a 3.5 GPA on a 4.0 scale
- Other credentials, such as community service, such as community involvement, class rank, and teacher recommendations that are taken into consideration in the selection process

The student application deadline is March 15, 2022

## NOW HIRING

[Twin Towers – Life Enriching Communities](#)

[Wicked Good – Pub and Grill](#)

[Oak Hills Works: Various Part-time and Seasonal jobs](#)

[Ohio Living Llanfair – after school servers for independent living dining halls](#)

[Perfect North Slopes](#)

[Cincinnati Zoo – Food Sales](#)

[Hillebrand Nursing & Rehabilitation Center](#)

Walgreens - see "Customer Associate Recruiting Flier" at Bottom of newsletter



## NOW HIRING COUNSELORS FOR LAFFALOT SUMMER CAMP 2022

**Responsibilities** include working with small groups of children. Counselors must communicate the rules of the activities and provide instruction on skills. They must focus on the needs of each child under their leadership while working to create a fun and lasting experience for all.

**Qualifications** include being at least 15 years of age and having basic knowledge, skill and coordination to play most sports and games. A desire to be physically active and enjoy playing games is important. Counselors must be reliable and prompt. Counselor candidates must display high energy, enthusiasm; politeness, friendliness and patience.

[APPLY HERE](#)

Contact Nate Rieth at [nrieth@laffalotcamps.com](mailto:nrieth@laffalotcamps.com) with any questions.

SEE FLYER AT BOTTOM OF NEWSLETTER

## STANDARDIZED TEST PREP OPTIONS

- ACT Academy : <https://academy.act.org/>
- A+ Tutoring: <https://www.aplustutoring-testprep.com/>

- Academic Insights: Kathleen Kuhn <http://www.academic-insights.com/>
- Club Z: [www.clubztutoring.com/Cincinnati](http://www.clubztutoring.com/Cincinnati)

- Education for Testing (Martha Geller): [http://www.educationfortesting.com/\\_v2/](http://www.educationfortesting.com/_v2/)
- Inspirica: [www.inspirica.com](http://www.inspirica.com)
- Kaplan Test Prep: <https://www.kaptest.com/>

o SAT® PLANS CHANGED? KAPLAN'S GOT YOU COVERED! They are offering full access to SAT® Prep On Demand for 1 month, for free.

§ What's Included: Instructional videos on test content, strategy, and more, Practice questions and explanations, Quizzes throughout each lesson, so you'll always know if you're on track

§ Full access for 1 month—free

§ <https://www.kaptest.com/sat/free/sat-on-demand-trial>

o

- Khan Academy: <https://www.khanacademy.org/>
- Constance Gorman: <http://www.mycincytutor.com/>

o Tutors math, chemistry, ACT, and SAT

- NKY Tutoring: [www.nkyltutoring.com](http://www.nkyltutoring.com)

o Focuses on the math section of the ACT

- Ohio Means Jobs: <https://jobseeker.k-12.ohiomeansjobs.monster.com/assessments/home.aspx>

o PSAT, ACT, SAT, ASVAB, and AP

- Torch Prep: <https://www.torchprep.com/>
- Townsend Test Prep: <http://www.townsendtestprep.com/>
- Ace Test Prep: <https://www.acetestprepcincy.com/>

o Two Elder/St. X teachers, Brett Currin/Julie Brandel offer a course for Catholic high school students and may private tutor

· Multiple ACT and SAT help applications are available for your smart phone. These are to be used to improve your weaknesses, additional practice, and to change up your study routine.

o Magoosh (good for memorization), ACT and SAT flashcards

§ <https://magoosh.com/>

Khan Academy App

The Grading Game (good for writing)

Math Brain Booster (good for math)

ACT online Prep

ACT prep by Ready4

ACT Prep Coach & Practice Test / ACT Test Prep, Practice, and Flashcards



## About Us!

 @mmhscounselors

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 (513)681-1800

 [mercymcauley.org/current-fam...](http://mercymcauley.org/current-fam...)



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Customer Service Associated - Recruiting Flyer.pdf

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