

SCHOOL COUNSELING NEWSLETTER

MERCY MCAULEY HIGH SCHOOL

SAVE THE DATE

October 10, 17, 24, 25, 2020: October ACT test dates

October 13, 2020: End of the first quarter

October 14, 2020: PSAT for Sophomores and Juniors, College Visit Day for Seniors
More information coming soon

October 15-16, 2020: Fall Break

October 29, 2020: Parent Teacher Conferences at Mercy McAuley
More Information Coming Soon



WHAT HAPPENED IN TUESDAY TEA?

Counselors met with Seniors this week during TEA! Ms. Clarke presented Financial Aid information to the seniors that included scholarships, grants, loans, and FAFSA. Students were also given time to work on their applications, essays, resumes, or scholarships.

KNIGHTS OF COLUMBUS OHIO CHARITY FOUNDATION, INC.

\$1000 Scholarship opportunity for all high school students!

Important Rules:

- Must be a practicing Catholic.
- Must be attending an Ohio Catholic High School.
- No more than one winner per school.
- Must include latest grade transcript.
- Application Deadline - Friday, November 27, 2020.
- Do not request a delivery receipt.



Key Considerations:

- Financial need.
- Grade point average of at least 2.5 or higher.
- Prior scholastic honors.
- School extracurricular activities.
- Church involvement.
- Community involvement.

If you are interested, please see your School Counselor

COLLEGE AND CAREER

ROBERT A CUNNINGHAM MEMORIAL SCHOLARSHIP

Robert A Cunningham was a dedicated volunteer at General Electric Credit Union for over 30 years. His spirit of volunteerism was seen in his love of youth sports and his commitment to scholastic achievement and college education. This scholarship was created to recognize college-bound high school seniors who embody the spirit of volunteerism like the late Mr. Cunningham.

Five Scholarships will be awarded and each scholarship recipient will receive a one-time award for \$2,000

The applicant must:

- Be a college-bound, graduating high school senior
- Have a strong academic record with at least a "B" average
- Be a primary member of GECU; have an account in their name (students may join if they qualify for membership)
- Have participated in activities demonstrating the spirit of volunteerism

Applications must also include:

- An essay (see Scholarship application for details)
- Two letters of recommendation (one from an organization for which the applicant volunteers)
- An official copy of his or her high school transcript

Applications are due January 12, 2021 and paper copies can be found in the Counseling Center.



DOES YOUR STUDENT HAVE A NOVEMBER 1ST COLLEGE APPLICATION DEADLINE?

If your student has a November 1st deadline for their college applications, the counselors need transcript requests by October 19th. This gives to counselors and students time to fix any materials if needed, awareness of written evaluations, and if documents need to be physically mailed they will arrive to their destination on time.

COLLEGE INFORMATION AND FINANCIAL AID NIGHT

Classes of 2021, 2022, and 2023! If you missed the College Information and Financial Aid Night on October 6th, the presentation has been uploaded to you student's Blackboard Page. The presentation is located under "School Counseling Links" and then in the folder titled *Presentations*.

NCAA EC WEBINAR FOR STUDENT-ATHLETES

The Eligibility Center is hosting a webinar for your college-bound student-athletes and their families on Saturday, October 10 at 11 a.m. Eastern. [Click here](#) to attend this event.



UNIVERSITY OF CINCINNATI BLUE ASH: EXPRESS APPLICATION VIRTUAL EVENTS

Register for one of our upcoming Express Application Virtual Events to hear all about the advantages of UC Blue Ash and have your application fee waived. [Click here](#) to pick one of the hour time slots and sign up!

What you will experience at the event:

- Learn about our affordable tuition and more than 50 degree and certificate programs in a quick overview presentation.
- See our beautiful 135-acre campus.

- Complete your application on-site where our team can assist if you have any questions. Application processing fees will be waived!

Save \$50 - Have Application Fee Waived

All prospective students and guests are invited to attend and learn more about the academic programs, receive a tour of the campus, and students who apply to UC Blue Ash during the event will receive a \$50 application fee waiver for applications* processed during event.

**Applies to UC Blue Ash applicants only, and must be processed during the Express Application Event. \$50 free application is for new applications only, and they must be completed at the event.*



UNIVERSITY OF CINCINNATI: VIRTUAL COLLEGE CLOSE-UP

[Click here](#) to learn about UC's Virtual College Close-up Virtual Presentations. Learn about the different colleges at UC and hear from the admissions team. If you have any questions please contact the University of Cincinnati Admissions Office via email.

OCTOBER CAREER CLUSTER: HEALTH SCIENCE

In the Health Science cluster you would promote health and wellness or diagnose and treat injuries and disease. You could work directly with people or you could work in laboratories to get information used in research or diagnosis. Health service employees go to work at a variety of different sites. Some work in hospitals, offices, or laboratories. Others work on cruise ships, at sports arenas, or within communities.

The outlook for employment in the Health Science cluster is very good. The number of elderly people is growing and they have greater health care needs. Advances in medical technology have increased the number of people who survive serious illnesses and injuries. These patients need more intensive therapy and care. The jobs in hospitals will grow the slowest. This is the result of an increase in outpatient care and services.

Some pathways students can follow are Therapeutic services, diagnostic services, health information, support services, and biotechnology research and development. [Click here](#) for more information!

Check out the student services Career Cluster of the Month on the ground floor!

CORONAVIRUS UPDATES FROM COUNSELORS

The Counseling Department is posting all updates we receive regarding changes to deadlines and policies related to COVID-19 in the document linked below. Please bookmark the link below and reference for the most up to date information.

The topics so far include:

- ACT / SAT/ AP/ End of Course Testing Dates
- CCP Updates
- College Admission Process
- Scholarship Update

CORONAVIRUS UPDATES

ACADEMIC

PSAT AT MERCY MCAULEY

- The PSAT = Preliminary SAT
- Students should be in assigned classrooms by 8:00 am and will be dismissed at approximately 12 Noon.
- Virtual students will need to come to school to take this test.
There will be no make-up test unless student tested positive for Covid or is **required** to quarantine on this date.
- For most, it is a practice test in a standardized setting that provides helpful insight on college entrance testing strengths as well as areas that could benefit from further preparation.
- Students will receive a very detailed score report after completion.
- The PSAT is also a qualifying test for the National Merit Scholarship Program (juniors only).
- Students all across the country will be taking the PSAT on 10/14/2020.
- Students should get a good night's sleep and eat a hearty breakfast before testing.
- Students should bring 2, #2 pencils with erasers and an approved calculator.
- Seniors do not take the PSAT and do not have school on 10/14/2020. They are encouraged to work on college applications or go on a college campus visit.
- Freshmen DO have school and will have their retreat day.

END OF QUARTER IS OCTOBER 13TH

Tuesday, October 13th is the last day of the first quarter at Mercy McAuley! Please check your PlusPortal account for any missing assignments. If you have any questions or concerns

please reach out to your student's teacher or counselor. Finish strong Wolves! You got this!



ACADEMIC HELP

Need extra help in a class or interested in learning new study skills? Check out the document below that include multiple resources available at Mercy McAuley, tutoring options, organizational skills, study tips, and online resources.

See your counselors for additional academic help!

ACADEMIC HELP

SOCIAL EMOTIONAL



The Power and Benefits of Mindf...

childmind.org

Learn how mindfulness techniques can help combat stress and alleviate mental health and learning disorders. Child Mind Institute explains the benefits of mindfulness for children.



MENTAL HEALTH CONCERNS

If you feel that you or a friend is in a crisis situation and/or fearful of hurting yourself or others and there isn't a caring adult you can reach right away, please reach out to one of the following:

- Call **281-CARE (2273)**
- Text **4HOPE to 839863**
- Call the Psychiatric Intake Response Center (PIRC) at Cincinnati Children's Hospital @ **(513) 636-4124**
- You can also call **911** or Hamilton County Sheriff's Office at **513-946-6400**

MENTAL HEALTH RESOURCES



TEST PREP OPTIONS

Need help with the ACT, SAT, or in a class? Check out this document and see all of the tutors and test prep options the Counseling Department recommends for the students.

[Click here for more information.](#)



SCHOLARSHIP OPPORTUNITIES

In this document you can find all of the scholarships that the Counseling Department has heard about so far this year and useful websites to search for scholarships. The document is updated weekly.

[Click here for more information.](#)



STUDENT PROGRAMS AND OPPORTUNITIES

In this document you can find information for different camps, open houses, internships, academic sessions, and workshops.

[Click here for more information.](#)

NOW HIRING



OHIO LIVING LLANFAIR

We are now hiring servers for our independent living dining room. No prior serving experience is required – we can train you! Apply today to start gaining valuable work experience while still focusing on your education and leaving time for the extracurricular and social activities you love.

You'll enjoy:

- Great part-time hours: 4 to 7 p.m.
- Excellent benefits
- Education assistance
- First year vacation
- Free meals
- Pay advances up to \$500
- Verizon discount

1701 Llanfair Avenue | Cincinnati, Ohio 45224



PERFECT NORTH SLOPES

If you are looking for a part-time job this winter, take a look at Perfect North Slopes! The slopes are getting ready for winter fun by accepting applications from responsible candidates age 14 and older. If you are interested, please apply online.

Click the following link for more information:

<https://www.perfectnorth.com//employment>



ABOUT US!

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mercymcauley.org/current-fa...